

Recommended Youth Work Resources

Durham Diocese Growing Younger Team

Youthscape Resources

A wide variety of excellent resources: [Store](#) | [Youthscape](#)

Resources that would work best within youth groups, small group etc:

[Unfold](#) *Unfold is a Bible study for young people aged 11 to 17. It's especially suited to groups of less than 8 and where the young people may not all the same age or stage of Christian commitment. Young people can write, colour and interact with Unfold.*

Discussion Cards

Conversation-starter playing cards to get young people thinking and talking

- [Talking about emotions](#)
- [Talking about life](#)
- [Talking about relationships](#)

[Youthscape Bricks](#) *Builds on the popular tower-based tension of Jenga™ to make space for fun and rich conversations.*

For discipleship:

[Shuffle Packs](#) *Shuffle is a set of 42 cards, each with a daily challenge designed for teenagers who are exploring the Christian faith. Young people are invited to play a new card every day for six weeks of experiencing faith in a new way. But if they pick a challenge they don't feel ready for today, just put it back in the pack and **Shuffle!***

[Swap Journals](#) *Full of creative exercises, thought-provoking questions and space to get your ideas about God onto paper, Swap is a different take on the traditional Bible study. Swap with your partner and discuss.*

[Prayer Bands](#) *Wear the Youthscape Prayer Band to help you develop the practice of daily prayer.*

[‘We are Satellites’ book](#) *This book is the perfect introduction for young people wanting to follow Jesus, a vision for vibrant discipleship in an ‘all about me’ culture.*

Workbooks and Journals:

[Alumina](#) *A practical workbook for young people who are self-harming to help them move towards recovery.*

[Headstrong Journal](#) *A creative journal for looking after your mental and emotional health.*

[Brave Journal](#) *A journal to help young people understand and process feelings of anxiety, worry and stress.*



Online Resources:

'Limitless' YouTube Channel

TV Series Episodes on various themes to watch with young people and discuss:

- Praying Like Jesus
- Social Justice
- Transformed Lives, Transforming Lives
- Fruit of the Spirit
- Taking Ground
- God and Sexuality
- Holy Spirit and more



'The Way UK' YouTube Channel

Breaking assumptions, talking about things that matter. In partnership with CofE Digital Projects.

Again, various videos that could be watched with (probably older) youth.

Prayer Spaces in Schools (Ideas could be used within youth group settings)

Free resources but you have to sign up before you can access them.



Off-Brand Culture

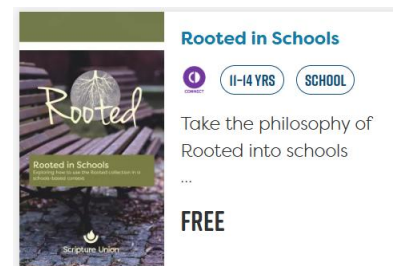
For your young people who love gaming, Off-Brand Culture provide a fun, entertaining, and family-friendly gaming environment as they broadcast to young people from around the world (run by Tees Valley Youth for Christ). 'Purposefully Gaming Differently'.

Scripture Union Resources:

Rooted A variety of resources for schools work, conversation cards, journals, session plans, retreat plans and more. Create space for deep conversations with young people around life, identity and spirituality.

Diary of a Disciple (For 8-11 year olds, so older children moving into youth)

Based on the award-winning *Diary of a Disciple* books, this Collection gives 8-11 year olds a way into the Bible. At its heart are Luke's Gospel (*Luke's Story*) and Acts (*Peter and Paul's Story*), retold in a quirky and contemporary style. Includes workshops, holiday club resources, activity books, after-school club resources.



Good Organisations to Link Young People with:

Amplify Academy

Amplify is an evangelism mentoring scheme for 11-17-year-olds, seeking to encourage, equip and empower young people to share their faith with their friends, family and community.



The 6-month long, interactive programme is made up of two in-person gatherings, monthly online group mentoring sessions and evangelism masterclasses with those sharing their faith in the worlds of music, sport, performing arts, social media, social action and many more.

The Message UK:

The Charge

The Charge is a programme that resources and supports local churches to help them raise missional young people by rediscovering the heart of discipleship – the proclamation of the gospel.



Charge days are designed to equip, empower and envision your young people into mission-focused discipleship. Our team will come and spend a day with you and your young people to train and resource us all in sharing our faith with those around us.

Paid Subscriptions: (To help with planning small groups)

Energize

Thousands of engaging and adaptable biblical sessions, training articles and support resources. Available for every leader and helper in your church or group.



YFC Resources

Church resources, school resources, community resources, including weekly sessions, lessons and assemblies, on demand training and other helpful tools.

Other Helpful Links:

[*all-things-creative-prayer.pdf*](#)

['How To' Guides from Bath and Wells Diocese](#)